



SEPTEMBER
2018



WORDS OF HOPE

Hope Unite Methodist Church

From Sarah, with love...

I can feel it in the air, around town and on the streets and especially in the aisles at Target. It's that most wonderful time of the year: Back to School Time! I love buying school supplies! I love watching the summer turn into fall! I love watching the kids go to school (mostly because I don't have to)! I may love back to school time now, but when I was younger I know I dreaded it; I actively dreaded it. I was not one of the "popular kids." So, I have compassion for the students in schools now who live with daily realities of bullying, the stress of simply being in school, and questions of fitting in like I did. And, I know that some kids are living with realities both negative and positive that I can't even imagine now- life has really changed from when we were kids in school.

I encourage you, then, to pray (daily!) for our kids in school – from pre-school to college. And pray for their parents! And especially pray for the teachers and administrators who care for them. And, do more than pray for them – take an active engagement in the life of our kids and our schools. For our kids are not "their" kids or "those" kids—as Christians we know that all kids are "OUR KIDS." We all depend on each other; we are creating the world in which our kids live – for better or for worse and our kids are our future, the future in which lies our hope. Our kids carry with them our dreams and God's

dreams for a world of justice, righteousness and peace.

A 2008 article published by the National Education Association (NEA) offered suggestions on getting involved, which I've adapted and added to! The evidence is clear: "Parent, family, and community involvement in education correlates with higher academic performance and school improvement. When schools, parents, families, and communities work together to support learning, students tend to earn higher grades, attend school more regularly, stay in school longer, and enroll in higher level programs."

You can read the whole article here: https://www.nea.org/assets/docs/PB11_ParentInvolvement08.pdf

Getting Involved:

***Parenting.** Assist families with parenting skills, family support, understanding child and adolescent development, and setting home conditions to support learning at each age and grade level. Assist schools in understanding families' backgrounds, cultures, and goals for children.

***Communicating.** Communicate with families and your community about school programs and the progress (and challenges) present. Create and sustain lines of communication; learn about what is happening in your local schools. Appropriately attend school events.

***Volunteering.** Volunteer at your local schools.

***Invest in your local Schools.**

Educate yourself and support paying for public education. <https://www.cbpp.org/research/state-budget-and-tax/a-punishing-decade-for-school-funding>

***Collaborate with the Community.**

Coordinate resources and services for families, students, and the school with community groups, including businesses, agencies, cultural and civic organizations, and colleges or universities. What if we creatively shared and used our resources

***Support Campus Ministry!**

***Love.** Be a safe and nurturing presence in the lives of the kids around you. Treat all of the kids (heck! everyone!) around with compassion and respect.

***Learn!** Never stop learning! Take a class, read a new book, participate in Hope UMC's book study!, study a new language, go to a new place. When was the last time you learned something new?

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Events and Small Groups

Men's Breakfast: Wednesdays, 8:00 am, Mt. Royal Caribou Coffee.

Worship at Pines III will resume in October. Pastor Sarah will be leading a worship service twice monthly beginning on October 2nd.

October Newsletter Deadline: Thursday, September 20th

Hope's prayer group usually meets on the 2nd & 4th Wednesday of the month and we are always delighted to have more "prayer power!" (The more the prayerier!) In addition to praying through the Upper Room prayer requests, we pray for those in our circles of influence, our church family, and beyond.

Page Turners will meet on September 12 at 10:00 a.m. in the Mathison Room. The book is: *"Before We Were Yours"* by Lisa Wingate. The book for October is *"The Whole Town's Talking"* by Fannie Flagg. **New members welcome.** Contact Anna Allison at 343-5643.

Hope Quilters group: Due to set up for the 50 cent sale, the September meeting is t.b.a. Call Sue Beeman for more info at 728-2406

The Memorial Service for Marj McKee will be Monday, September 3rd at 11:00am here at Hope.

Gentle Yoga resumes on Thursday, September 13 at noon.

Qigong resumes on Thursday, September 20 at 6:30pm

Parents and Pals Playtime resumes on Tuesday and Wednesday, September 25 and 26, 10:00am- noon

The Enews is a weekly email sent with updated calendar, opportunities, and prayer list. A printed copy goes out to those who do not use email. Just let the office know if you want it sent to you!

Like us on Facebook!
[www.facebook.com
hopeumcduluth](http://www.facebook.com/hopeumcduluth)

Check out our website at:
HopeMethodistChurch.com

**Office Hours
Monday~ Friday
9:00 am ~ 2:00 pm**

Thought for the month from the Hope Prayer Group:

God speaks to those who take time to listen and
God listens to those who take time to pray.

Hospitality

Fellowship is an important part of our Sunday Worship. During this past year, we have had women who have signed up to make and serve coffee and to clean up. These women are Rosemary Tripp, Barb Bergman, Linda Rolland, Bev Merritt, Deb (and Art!) Hoff and Helen Stellmaker. During this past year, new Hope members Patty Lundgren, Margaret Rogers, and Janet Basil have also joined the team. Our fellowship program is working very well. It seems like when I ask for goodies, the freezer just fills up! I want to give special thanks to Dick Scheibe for his constant support and to Janet Basil for both her wonderful baking skills and for showing up in the kitchen to help us even on those Sundays when she is not scheduled! Thank you, Dick and Janet. We do have one problem: we need some men to step forward to help with the dishes. It seems that our constant dishwashers are Art Hoff, and Bob Swanfield (when he is here.) Could we get a couple more men to learn the dishwasher and help us out? We really are in need—those dish racks can get awfully heavy. Please call Bev at 724-8693 if you can help. Thank you!

Thank you all for making our fellowship so enjoyable.
Bev Merritt~ your Fellowship Coordinator.



Meet our new Administrative Assistant, Beth Kaiser

Though new to Hope, Beth is not new to the Methodist Church in Duluth. She first started working at Lester Park UMC and has been working as Administrative Assistant at Hillside UMC for the past year. Along with her work at Hope and Hillside, Beth also is part of the campus ministry team at the College of St. Scholastica. Prior to working in Campus Ministry, Beth spent 20+ years in fulltime ministry serving as the Director of Music and Liturgy in 2 different Catholic parishes in Duluth. When not working, Beth enjoys hanging out on her deck where she is an avid container gardener and backyard bird watcher. She also loves to color and is proud to admit that she owns more art supplies as an adult than she did as a child.

***Ask her about "Praying in Color"!

Finance

DIDJA KNOW that your contributions to Hope UMC can be handled by electronic means? One type (VANCO) is a service in which arrangements are made so your contributions are handled through your financial institution and a withdrawal is made on a specific date. It is then forwarded to Hope and credited to your pledge at the same time as other who have chosen to use VANCO. A second type is an Electronic Funds Transfer which simply directs your financial institution to send a check for a certain amount to Hope on the date(s) you choose,

Both methods are simple, secure and result in a consistent payment pattern so that you no longer have to worry about your contributions arriving on time. We encourage members and friends to use either of these services. To find out more or to begin using one, See Lori Amundsen, our financial Secretary or me.

*For your Finance Team
Pete Bergman, Chair*

It is Back to School Time! So, join us! and let's learn something new!

It's a new school year and a new day at Hope UMC! Now is a good time to read and discuss, ask questions and (maybe!) grow in our Christian faith. Join with friends old and new! We will study the words of Jesus, learn about the context of the Gospels, eat together, and discern applications (or not!) for our lives today.

The plan is that we will read "*Head Scratchers: When the Words of Jesus Don't Make Sense*" by Talbot Davis. We'll read one chapter and gather monthly to eat and share. A light supper will be provided and we will plan future meeting times at that time; carpooling from the church. Our first gathering is **Thursday, September 20th at 6pm and Mary and Rob West's house 7700 Barrs Lake Rd.**

Join us! You can buy the book online or let the office know!

Questions? contact Mary West or Sarah Lawton!

The Living Endowment Fund

The Living Endowment Fund received a gift in memory of Vivian and Floyd Martin from Jane Kempton. The principle from these gifts will not be touched but the dividends and capital gains are used each month for the support of the missions of Hope United Methodist Church.

Parents and Pals Playtime

Fall is almost here, school is starting, and the fall schedule is getting started here at Hope. Parents and Pals Playtime will be starting on September 25. We will be gathering every Tuesday and Wednesday morning from 10 A.M. until noon. The young mom who was in charge of setting things up for playtime and putting things away will be joining us again this year. We are thankful for her help. We welcome children from babies through prekindergarten. During our playtime the children just play together and have fun. We do not teach or have a schedule to follow. We just have fun. The parents or guardians stay with the children so we are not responsible for them. We also have snacks available for the children and coffee and goodies for the adults. We are so thankful for the opportunity to provide this program for children of our area.

We would welcome anyone who would like to join us as a volunteer to be with the children for 2 hours. It is great. We would also welcome more children to our group. If you know of any children who would benefit from this playtime, please invite them to join us. It is a great way to get children to interact with others.

Our playtime has been the recipient of many wonderful toys for the children and we are so thankful for them all. At this time we do have plenty of toys and do not need any more right now. That may change in the future but for now we are in good shape.

We have been in contact with the Bethany Crisis Shelter and they have a request. They could use clothing for children from 18 months old up to 5 years old. They need pants, shirts, shoes, coats, etc. The clothing does not need to be new. There are so many garage sales that have children's clothing very reasonable. So if you see some things in good shape, bring them in to church and we will see that they get to the Shelter. ~ Blessings from our Playtime volunteers.



Conversation on a Way Forward

Bishop Ough will be in Duluth on Tuesday, September 25 at First UMC, 6:30-9:00 p.m. to lead a discussion on how the United Methodist Church may move forward as a denomination in dealing with differing views on LGBTQ matters. The Commission on a Way Forward worked faithfully and hard and submitted their report to the Commission on General Conference. The Council of Bishops has endorsed the One Church plan. A special session of General Conference (our worldwide body) will be held in February to consider all plans. More information is available and will be a part of the discussion on September 25. A second important aspect will be sharing tools for facilitating dialogue and building resiliency in the local church.

Ways you can prepare for the conversation, and hold the UMC in prayer:

- Read *Anatomy of Peace* by the Aringer Institute
- Read *God Unbound* by Elaine A. Heath
- Participate in the UMC-wide prayer vigil *Praying Our Way Forward* (www.umc.org/who-we-are-bishops-the-upper-room-launch-phase-3-of-praying-our-way-forward)



Join us at CHUM Church on Sunday September 9 for a Polka Worship Service led by Trinity Lutheran. We meet at Peace UCC, 1111 11th Ave. E. and intentionally invite people of all levels of ability who wish to worship in an accessible, welcoming, and inclusive environment. Worship is open to all. Join us for pre-worship activities at 4:00 pm and worship at 4:30pm, with a light supper following. For more information contact Sue Anderson, CHUM Church Coordinator, 740-2498 or sanderson@chumduluth.org.

HOPE ACTIVITIES

Page Flippers Book Club

The next meeting of Page Flippers will be on September 12th. The book for the month is "Understood Betsy" by Dorothy Canfield Fisher. Everyone is welcome!

Check out our FB page for all current book listings .
<https://www.facebook.com/duluthpageflippers/>

If you have any questions please contact Lori Amundson at lamundson@hotmail.com or call at 612-756-3077.



Age Well Memory Café

Tuesday, September 11th from 1:30 - 3:00 pm.

A Memory Café is a group where those suffering from memory loss, as well as their care providers and family members, can find relaxation, fun, and the support of other people who are having similar experiences.

For more info or to RSVP please contact Kim Hileman, the Program Director of Age Well Arrowhead. 218-623-7805.



Hope Quilters



(Due to set up for the 50 cent sale, the date for the September meeting is t.b.a.)

We are looking at projects for the coming year, supplies on hand and setting up a date for a fabric/yarn sale. The sale, along with donations of fabric and money, helps the quilting group serve its purpose: to provide comfort and love for those facing change in their lives. The completed quilts are blessed before they are given out. Knitters making prayer shawls are also invited. We welcome new members, ideas and creative energy. Please bring a bag lunch as we fellowship with one another. Members are Sue Beeman, Sally Herstad, Barb Bergman, Rosemary Tripp and Mary Bowker



Hope Gardens

"The Amen! Of nature is always a flower" by Oliver Wendell Holmes. Those who have helped tend the gardens deserve an "Amen", too. That would be Rosemary Tripp, Lois Witzig, Celeste Daw, Karen Stocke, Nancy DeArmond, Janet Basil, Chong from the Korean Church, Anna Alison and Mary West. The gardens will be put to bed this month and clean-up help would be appreciated.

Thank you to Al and Bonnie Frielund for donating two garden benches, which we will need help with in getting them to church. Work in preparing a Butterfly Garden is still in progress and we hope to have it planted next spring. For more information on our gardens, contact Sue Beeman or the church office.

Evening Book Club

The Evening Book Club will meet the September 18th at 6:30pm in the Narthex at Hope. (If it is your first time, call the church to confirm the venue.)

The book for this month will be "A is for Alibi" by Sue Grafton. We will also be choosing books for the next couple of months. All are welcome; come, and bring your book-loving friends!



HOPE STAFF

Pastor: Rev. Sarah Lawton
Church Office: Jennifer Amy-Dressler, office@hopeumcmn.org
Church Office: Beth Kaiser office@hopeumcmn.org
Music Director: Elizabeth Raihala, liz@raihala.net

Custodian: Matt Johnson
Accompanist: Diane Nast
Kid's Quest: Anita Rixe
Nursery Attendants: Sara Schutt, Cassidy Kelley

HOPE ACTIVITIES

"It's Beginning to Look a Lot Like Christmas..."

Kids' Quest has a special request for someone searching for a very rewarding Christmas experience. We are looking for a director for our annual Christmas program which will be held on December 16 this year. The responsibilities for this position include choosing the program to be presented, recruiting children and adults for parts in the program, choosing the parts for the recruits, directing the rehearsal on December 9 as well as the program itself and praying a lot. If this sounds like something you have always wanted to do please let Pastor Sarah or Anita know your positive response.



Hope Choir resumes Wednesday, August 29 and we would LOVE new members!!!

Hope Choir resumes Wednesday, August 29, 6:00 pm for our kick-off choir pot blessing meal in the fellowship hall with practice upstairs in the sanctuary afterwards! The Hope choir is an enthusiastic, fun choir and we LOVE new members! No experience necessary—just a willingness to sing! We are blessed with four section leaders that are music students from UMD, which adds to the energy and fun we have, as well as use of their tremendous talents! The choir presently sings two Sundays of the month and for special holiday services. Our practices are presently on Wednesday nights 6:30 to no later than 8:00 and on the Sunday mornings that we sing, 9:15 am before the 10:00 am Sunday service. We take the summer off. As Hope's choir director and music director I am very proud of

the Hope choir as they have hearts of gold and love to praise the Lord in song. Any questions? Feel free to email me: Liz@Raihala.net or call me at 525-2379.

50 Cent Sale is coming SOON!

There's still time to go through your books and things and donate them to the sale. This sale brings together the community and UMD students and provides quality items that are no longer being used to find new homes where they will be utilized. It also raises much needed funds to continue the campus ministry in Duluth. The bake sale proceeds will stay here at Hope to help us continue God's work!

Items can be brought to church starting on September 23rd. We do ask for baked goods that can be sold for this sale. Please contact Sue Beeman if you would like to make something yummy. Breads, cookies, bars, pickles, jam, jelly, scones.... you name it! Many thanks for your support!



Mental illness affects the whole family, not just the person diagnosed. NAMI (National Alliance on Mental Illness) offers its Family-to-Family class for family members and close friends, starting Tuesday September 18 and running for 11 sessions, 6:00-8:30 p.m. Led by trained family members, it supports families with information, understanding, practical skills and techniques, and resource referral. This class comes highly recommended by past participants! No fee. To learn more or register: namiduluth@gmail.com or 218-409-6566.



Kid's Korner

Our summer session has come to a close. We had some awesome lessons and a good attendance of our students. We are taking a break on September 2 for the holiday weekend. Our 2018 - 2019 session will begin on September 9 with students ready to learn about our great God and teachers ready to teach them. We will be going back to using the curriculum we used a couple of years ago. The lessons should be more suitable for the children we have. The theme of the year is At Home with God. All the lessons are centered around family. Every month a different subject is presented. Some of the month titles are Jesus' Family, We are Family, Different Kind of Family etc. The weekly lessons for September are titled Jesus Join His Family, Jesus and His Parents, God's Family, Jesus Creates a Family, and Jesus and the Children. We are anticipating some exciting lessons.

We have a full line up of teachers waiting to present the lessons to our children. Many thanks to the following people who signed up to teach even before the notice went out in the newsletter. Thank you Lori Amundson, Suzanne Kelley, Caroline Prescott, James Prescott and Linda Rolland. Cassidy Kelley and her friend, AJ, will be available to sub as needed. Thank you too, Lori Amundson, for setting up the Sign Up Genius which makes it possible for the teachers to fill in the teaching schedule online.

Special dates to remember for the school year: (Things may be added as we go along)

September 9 - First day of new session
October - UNICEF month
December 9 - Bake Sale and
 Christmas program practice
December 16 - Christmas Program
February 3 - Children/Youth Worship Service
April 21 - Easter - No class
May 19 - End of school year session
 Summer Celebration

Blessings,
~Anita

YOUTH NEWS

A BIG THANK YOU to Rob and Mary West for hosting our "Summer Fun at Barrs Lake" event on August 5. We had 8 youth and several adults attend who enjoyed lunch, a variety of water activities and hanging-out with each other. Thank you, Rob and Mary, for sharing your beautiful lake home and great hospitality with us!

The Youth and Page Flippers gathered on August 8 and assembled 30 UMCOR school kits. We thank everyone who donated school supplies and cash. Thank you to Lori Amundson for coordinating this effort.

With the beginning of school and fall activities, we will not plan on having any youth event or meeting for the month of September, at this time.

In October, we will plan a fun fall event at the Haunted Shack and Ru-Ridge Farms in Carlton, MN. They have a haunted house, haunted hayrides, 8 acre corn maze and a pumpkin patch. More information will be forthcoming in our September newsletter.

Don't forget that the opportunity to learn to work our church sound board and light system is available! Receive free training and operate the system during worship when it works in your schedule. Let me know if interested. What a great opportunity to give back to our church!

Please consider signing-up to read scripture or usher. Another great way to give back to our church.

Blessings,

Sandy Johnson
218-260-7109



COMMUNITY EVENTS

Silent Auction Fundraiser for Habitat for Humanity

Glen Avon Presbyterian Church in Duluth is hosting a Silent Auction Fundraising Event for Western Lake Superior Habitat for Humanity. The Silent Auction will be held in the Church Fellowship Hall at 2105 Woodland Ave. in Duluth from 11:00am to 1:00pm on September 30th.

The Silent Auction will offer for sale gift baskets containing cooking gear, chocolate for chocolate lovers, coffee for coffee lovers, food and drink including garden produce and wild rice, games for game night, Italian cooking, dog and cat lovers baskets, book baskets, bicycle gear and other outdoor gear, workout kits with gym passes, sports memorabilia, gift certificates for restaurants and coffee shops, and work by area artists, including an original painting by Adam Swanson. We will serve make-your-own-ice cream sundaes during the Silent Auction. Area businesses, church members and Thrivent Financial contributed to the auction to make it a success. Please come to our event! Volunteers from Glen Avon Church and Temple Israel will build a storage shed using funds raised at the Silent Auction. The shed is for the new Habitat for Humanity home which is under construction on the corner of Banks Avenue and North 19th St. in Superior. All proceeds from the Silent Auction will be given to Habitat for Humanity.



RISE FOR CLIMATE, JOBS & JUSTICE – Saturday, Sept. 8

Duluth will join with hundreds of communities across the nation and the world on September 8 to send a message to our leaders and fellow citizens that **we pledge to vote and work for a fast, fair and just transition to 100% renewable energy** and an immediate end to new fossil fuel projects. The local events will provide impetus for the Global Climate Action Summit in San Francisco on Sept. 12-14. The Summit has invited every mayor, governor, and local leader in the world to make a bold climate commitment to help the world reach the goals of the Paris Climate Agreement. Our event:

The **DULUTH PEOPLE'S CLIMATE MARCH**, sponsored by over 20 local organizations, will gather at 10 a.m. at AICHO/Robert Powless Hall; march to the Civic Center for an 11 a.m. rally; then continue the march at 12 noon to the Harvest Fest in Bayfront Park. Marchers will be encouraged to visit the booths of participating organizations at the Fest to gain more information and action ideas -and also to enjoy the delicious harvest of sustainable farms in our region.

Contact courtney.cochran@sierraclub.org

For more information on the international event, see

<https://riseforclimate.org/>

Schedule for September 8th

10 am: March starts at AICHO (202 W. 2nd St.)

10:45 am: March to City Hall

11 am: Rally & Music at City Hall

12 noon: March to Harvest Festival in Bayfront Park



A MATTER OF
BALANCE

MANAGING CONCERNS ABOUT FALLS

“A Matter of Balance Workshop” helps seniors develop strength & flexibility, and prevent falls. Age Well Arrowhead wants to know if YOU are interested in having the workshop offered at Hope UMC. **Please sign the sheet in the narthex with your phone number, or contact the office, to indicate interest** and Age Well will be in touch regarding details in the future.

CALENDAR

September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 10:00 am Worship 3:00 pm Grace Korean	3 LABOR DAY 11:00am Mem. Service for Marj McKee	4 1:00pm PEO Mtg	5 8:00 am Men's Breakfast (Caribou Coffee) 9:30 am Garden Work 3:30pm CSA 6:30 pm Choir 7:00 pm Alanon	6 9-2pm Painters 6:30-8:30pm UNS	7	8
9 RALLY DAY (Kids Quest begins) 10:00 am Worship 11:15 am SPRC Mtg. 11:15am Trustees 3:00 pm Grace Korean	10	11 1:30pm Memory Café (Age Well) 4:30pm Missions & Outreach	12 8:00 am Men's Breakfast (Caribou Coffee) 9:30 am Garden Work 10:00am Page Turners 3:30pm CSA 5:00pm Prayer Group 6:00pm Page Flippers 6:30 pm Choir 7:00 pm Alanon	13 9-2pm Painters Noon Gentle Yoga	14	15
16 10:00 am Worship 11:15 am Finance Mtg. 3:00 pm Grace Korean	17 5 pm Dollar Dinner	18 5:00pm UCM Board Mtg 6:30pm Evening Book Club Newsletter deadline	19 8:00 am Men's Breakfast (Caribou Coffee) 9:30 am Garden Work 3:30pm CSA 5:00pm Ad Council 6:30 pm Choir 7:00 pm Alanon	20 9-2pm Painters Noon Gentle Yoga 5:00-7:00pm UNS 6:30pm QiGong	21	22 10:00-11:00am Kitchen Orientation
23 10:00 am Worship 3:00 pm Grace Korean	24 5 pm Dollar Dinner	25 10:00am—noon Parents & Pals Playtime	26 8:00 am Men's Breakfast (Caribou Coffee) 9:30 am Garden Work 10:00am—noon Parents & Pals Playtime 3:30pm CSA 5:00pm Prayer Group 6:30 pm Choir 7:00 pm Alanon	27 9-2pm Painters 10:45am Yoga for Parkinson's Noon Gentle Yoga 6:30pm QiGong	28	29 9-2pm 50 cent Sale Bake Sale Book Sale
30 10:00 am Worship 3:00 pm Grace Korean			← Set Up for 50 cent sale →			

Hope Unite Methodist Church

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Email: office@hopeumcmn.org
Office Hours:
Mon - Fri ~ 9:00am - 2:00pm

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ADDRESS SERVICE REQUESTED

With God's grace, we care for the soul for a lifetime and beyond.

Members and Friends in our Hearts...

Benedictine: Margaret Kline

Key Stone Bluffs: Ralph & Marge Anderson, Bette Nord, Shirley Swapinski,
Pat Eng

Hold in Prayer...

Margaret Kline

Pat Eng

Bette Nord

Dorothy Bergman

Jenny Pattison-Lundeen

Shirley Swapinski

Rebecka George

Lois Newell

Catharine Larsen

Fred Moen

The family of Marj McKee

EASTER

