



OCTOBER
2018



WORDS OF HOPE

Hope United Methodist Church

From Sarah, with love...

I love fall! I love the colors; I love being outside with the golden glory of the Lord all around me! I love sweaters! I love making soup and being cozy. I love Halloween! There is so much to celebrate in this season of life and it all seems to fly by so fast. Fall in all its glory feel so precious to me because it appears so fleeting!

I said once to my ex-husband that I love fall because it is a "transition season." In fact, I said, I love Autumn and Spring because they are the transition seasons, ushering in another season." He responded that all the seasons transition to another. Fall indeed may be a season of transition, but so too, are all the others a ceaseless cycle one thing leading to another to another.

Beloved HOPE UMC, Fall is here. Autumn is coming; all around us is glorious change! And it may well be that all of this difference leaves you as it does me, with a funny feeling in your chest. I spend the first few days of fall denying its occurrence: "those trees are dying, not changing color!" (somehow that's better?). I spend the first few days of autumn mourning summer and begrudging the arrival of winter (which we know is coming). And then, somewhere along the line I'm at the coffee shop with a maple latte a pumpkin muffin and a turtleneck looking up a new soup recipe. I am learning to love the good things our transformation can bring.

"So even as the sun is turning, to journey to the North, the living flame in secret burning can kindle on the earth and bring God's love to birth."

"Each Winter as the Year Grows Older" ~William Gay

Pastor Sarah's current sermon series:
At Home with God: Spiritual Practices that Nurture your Soul Wherever You Are

1: Spiritual Practice: Beginners Mind (keep an open mind!))Ephphatha!

2: Spiritual Practice: Meditate (be still for 15 minutes a day! Use a Timer! Use your phone <https://www.healthline.com/health/mental-health/top-meditation-iphone-android-apps>)

3: Spiritual Practice: Keep Sabbath (God says: take a break!) "In our contemporary context of the rat race of anxiety, the celebration of Sabbath is an act of holy resistance. It is resistance because it is a visible insistence that our lives are not defined by production and consumption of commodity goods." Walter Brueggemann, *Sabbath as Resistance*

4: Spiritual Practice: Holy Dark (Isaiah 45:1-8) God is God of both the light and the dark- "Yes, there are forks in the road. There are choices to be made, and some choices are much better than others. But here is the good news: God is down every road. God

owns all the roads."

(Dave Tomlinson, *I Shall Not Want: Spiritual Wisdom from the Twenty-Third Psalm*, SPCK, 2006)

5: Spiritual Practice – Gratitude: "I don't have to chase extraordinary moments to find happiness—happiness is right in front of me if I'm paying attention and practicing gratitude" Brené Brown

6: Simple Abundance "Simplicity gives freedom" Richard Foster

7: Service: "Pour out your holy spirit on us gathered here and on these gifts of bread and juice so that we might be for the world the body and the love of Christ." Communion Liturgy

8: Calling: "Before I can tell my life what I want to do with I must listen to my life telling me who I am" Parker Palmer

Inside this issue:

Upcoming Events	2
Hospitality/Teams	3
Missions & more	4
Hope Activities	5-6
Christian Education	7
Community Events	8
OctoberCalendar	9



Events and Small Groups

Men's Breakfast: Wednesdays, 8:00 am, Mt. Royal Caribou Coffee.

Worship at Pines III will resume at 2:00pm on October 2nd.

Hope's prayer group usually meets on the 2nd & 4th Wednesday of the month and we are always delighted to have more "prayer power!" (The more the prayerier!) In addition to praying through the Upper Room prayer requests, we pray for those in our circles of influence, our church family, and beyond.

Page Turners will meet on October 10th at 10:00 a.m. in the Mathison Room. The book is: *"The Whole Town's Talking"* by Fannie Flagg. The meeting date in November is November 14th and the tentative plan is to meet at Judy Moen's house (29 W. Winona) to watch the Netflix movie, "The Guernsey and Literary Potato Peel Society." **New members welcome.** Contact Anna Allison at 343-5643.

Hope Quilters group will meet at 9:00am on October 25th. Call Sue Beeman for more info at 728-2406

The Enews is a weekly email sent with updated calendar, opportunities, and prayer list. A printed copy goes out to those who do not use email. Just let the office know if you want it sent to you!

Pastor Cynthia's Ordination

You are ALL invited to attend Cynthia Coffin-Langdon's Ordination service on Sunday, October 21 at 2pm at Pilgrim Congregational Church. 2310 E. 4th St.

Cynthia has finally completed all the requirements, paperwork, tests, interviews, and internships to be ordained! You have been part of this journey and given much support and encouragement along the way. You are invited to attend the ordination service to celebrate with Cynthia and her family. The service won't be more than an hour and refreshments to follow. Everyone is invited!

Check out our website at:
HopeMethodistChurch.com

Like us on Facebook!
www.facebook.com
[hopeumcduluth](https://www.facebook.com/hopeumcduluth)

Office Hours
Monday~ Friday
9:00 am ~ 2:00 pm

Thought for the month from the Hope Prayer Group

"Our prayers may be awkward. Our attempts may be feeble. But since the power of prayer is in the one who hears it and not in the one who says it, our prayers do make a difference." - Max Lucado

Hospitality

Fellowship is an important part of our Sunday Worship. During this past year, we have had women who have signed up to make and serve coffee and to clean up. These women are Rosemary Tripp, Barb Bergman, Linda Rolland, Bev Merritt, Deb (and Art!) Hoff and Helen Stellmaker. During this past year, new Hope members Patty Lundgren, Bonnie Frielund, Margaret Rogers, and Janet Basil have also joined the team. Our fellowship program is working very well. It seems like when I ask for goodies, the freezer just fills up! I want to give special thanks to Dick Scheibe for his constant support and to Janet Basil for both her wonderful baking skills and for showing up in the kitchen to help us even on those Sundays when she is not scheduled! Thank you, Dick and Janet.

We do have one problem: **we need dishwashers!** It seems that our constant dishwashers are Art Hoff, and Bob Swanfield (when he is here.) Could we get a couple more men to learn the dishwasher and help us out? We really are in need—those dish racks can get awfully heavy. Please call Bev at 724-8693 if you can help. Thank you!



Thank you all for making our fellowship so enjoyable.
Bev Merritt~ your Fellowship Coordinator.

Strategic Plan Review

Saturday, October 6th ~ 9:00am—noon

Everyone is invited to join us on Saturday, October 6th from 9AM until noon in the Mathison Room when we will review our Strategic Plan. The Plan was implemented 3 years ago and much has been accomplished including updating the Sanctuary, installing new signage, resurfacing the parking lot, new windows, new sound system and more.

So, how is HUMC doing? The agenda for the morning will be to evaluate and ensure that the current Strategic Plan is fulfilling our mission statement which is: **“With God’s grace, we care for the soul in this life and beyond”**. If the Plan needs adjustments, we’ll make them together at this meeting.

Copies of the Strategic Plan are available in the Narthex for your review prior to the meeting.

See you there.

Rob West
Council Chair

Finance

DIDJA KNOW that we are only a few days from the beginning of our Annual Stewardship Campaign? Each fall we, as a congregation, begin to look forward to the coming year programmatically and financially. We have witnessed a lot of activity and made progress in our work within and outside of our church walls. Financially we continue be blessed to have generous support from our member and friends. On **October 8th**, at the close of our worship service, we will explain the 2019 budget and ask you to begin considering making your financial commitment for next year

And **DIDJA KNOW** that it has been nearly three years since we began our HOPE FOR THE FUTURE (HFTF) campaign and programs? Many of us have made great progress in meeting our personal or family goals. Some have even completely paid it off while some have yet to begin. We thank those who have supported this effort. If you have not completed your commitment we ask that you plan to do so in coming months. Further details about the status on HFTF will be included in the Stewardship Campaign explanation on **October 7th**. All our members and friends are strongly encouraged to attend.

For your Finance Team
Pete Bergman, Chair



Tuesdays and Wednesdays
10:00am—noon

Mission/Outreach

Wow! It is already October, where did the summer go? Hope you all had a great one.

There will be no CHUM dinner served in October due to CHUM's kitchen issue. Hope will be serving a meal in November sometime, more information to follow on date, time, and volunteers.

There will be opportunities the Harbor House will be hosting with two upcoming events. On October 1st they will be hosting two sessions on Poverty Stimulation, one at noon and the other at 5:30. Then on October 13th-14th, from noon-noon, there will be a Night Without a Home. If interested in attending one or both of these events, please see-talk to Pastor Sarah.

Hope will also be asking for money donations for Flood Relief. This seems to be an on going tragedy in many places, we are so blessed we can help out. The Mission/Outreach Team is always looking for new ideas and members.

All are welcome!

Hope, Faith, Love,
Robyn Christianson, Chair

2018 CHUM Outreach Dinner
Helping people get off the streets and into shelter
Thursday, October 18, 2018
Greysolon Ballroom
231 East Superior Street
Doors open at 5:35 p.m.
Cash Bar/Silent Auction/Spirits Wall
Dinner served at 7:00 p.m.—Presentation at 7:45 p.m.

You're invited to the 2018 CHUM Outreach Dinner. This event is an effort to raise \$50,000 for CHUM's Street Outreach Program. Deb Holman, CHUM street outreach specialist, works with people who are living on the streets or in the woods in Duluth. She does what is necessary to keep them safe and assist them with keeping appointments that help them move from homeless to housed. This is often a long process with many small successes each year. During the presentation you will hear about the program, its history of success and future plans. Deb will answer your questions about this important work.

There is no charge to attend the dinner. Suggested minimum contribution is \$60 per person, but we hope to inspire even larger contributions. Tables accommodate 10 people.

RSVP by October 1, including all names, first and last, of you and your guests, to Gracia Swensen at CHUM:
Phone (218) 720-6521. Email: gswensen@chumduluth.org.



Join us at CHUM Church on Sunday October 14th. We meet at Peace UCC, 1111 11th Ave. E. and intentionally invite people of all levels of ability who wish to worship in an accessible, welcoming, and inclusive environment. Worship is open to all. Join us for pre-worship activities at 4:00 pm and worship at 4:30pm, with a light supper following. For more information contact Sue Anderson, CHUM Church Coordinator, 740-2498 or sanderson@chumduluth.org.

Getting to Know Each Other

“Getting to know you, getting to know all about you!”

Like the lyrics from Rodgers & Hammerstein’s *“The King and I”*, we at Hope UMC want to get to know each other a little more than what we see on Sundays! If you wish to be on our “Getting to Know You” bulletin board, **please fill out the form on the tables in the Narthex and drop by the office.** We will select a few people each month to highlight throughout the year. Just another reason why “Hope UMC is a place where you don’t want to miss a thing!”

HOPE ACTIVITIES

Page Flippers Book Club

The next meeting of Page Flippers will be on October 10th. The book for the month is *"When Mischievous Came to Town"* by Katrina Nannestad . Everyone is welcome!

Check out our FB page for all current book listings .
<https://www.facebook.com/duluthpageflippers/>

If you have any questions please contact Lori Amundson at lamundson@hotmail.com or call at 612-756-3077.



Age Well Memory Café

Tuesday, October 9th from 1:30 - 3:00 pm.

A Memory Café is a group where those suffering from memory loss, as well as their care providers and family members, can find relaxation, fun, and the support of other people who are having similar experiences.

For more info or to RSVP please contact Kim Hileman, the Program Director of Age Well Arrowhead. 218-623-7805.



Hope Quilters

Hope Quilters will meet on Thursday, October 25th at 9:00am. Contact Sue Beeman at 728-2406 for info.



Evening Book Club

Welcome, all lovers of reading good books!

The Evening Book Club meets on the third Tuesday every month, in the Narthex, at 6:30 PM. If the venue changes, we will notify the office, so if you plan to join us for the first time, please check with the office by 2:00 on Tuesday. We have chosen our books for the next five months.

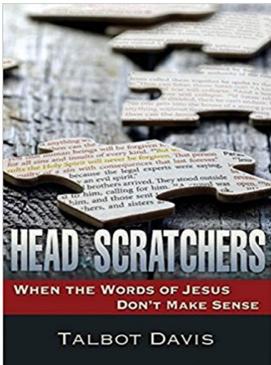
October 16: *Before we were Yours*, Lisa Wingate

November 20: *Killers of the Flower Moon: the Osage Murders and the Birth of the FBI*, David Grann

December 18: *The Christmas Tree*, David Baldacci

January 15: *The Absolutely True Diary of a Part-time Indian*, Sherman Alexie

February 19: *Small Great Things*, Jodi Picoult



Dinner and Book Discussion

Join with friends old and new as we read and discuss *Head Scratchers* by Talbot Davis. What a great way to grow in our Christian faith by studying the words of Jesus, and discerning applications for our lives today.

Our next meeting is Thursday, October 25th, 6:00pm at Catherine Larsen's house (7622 Bayhill Trail)

A light supper will be provided and future meeting times will be decided that night. Please join us!

For more information, call Pastor Sarah or Mary West.

HOPE STAFF

Pastor: Rev. Sarah Lawton

Church Office: Jennifer Amy-Dressler, office@hopeumcmn.org

Church Office: Beth Kaiser office@hopeumcmn.org

Music Director: Elizabeth Raihala, liz@raihala.net

Custodian: Matt Johnson

Accompanist: Diane Nast

Kid's Quest: Anita Rixe

Nursery Attendants: Ella Karki, Cassidy Kelley

HOPE ACTIVITIES



Trunk or Treat at Hope.

On Sunday October 28th, at 3:00, we will host a Trunk or Treat in the parking lot at Hope. (In case of rain, we will move into the Fellowship Hall.) Come by 2:30 and park and set up your treats. Come dressed up and be prepared to have some scary fun! All are invited!

Children's Christmas Program

"Gifts of time and love are surely the basic ingredients of a truly merry Christmas." ~Peg Bracken

You can give your time and love to the congregation of Hope UMC by participating in the Christmas program. No memorization is needed. We will be doing an assortment of readings, short skits, and poems, interspersed with special music. We need your help to make this happen! We will have a practice session on December 9 and prior to the program on December 16. The sign-up sheet is in the narthex, or contact Lori Amundson at lamundson@hotmail.com or (612) 756-3077 to sign up or with any questions. Also, please let us know if you are willing to share your talents that day by providing special music. Make a joyful noise unto the Lord!



Hope UMC is hiring...

Hope United Methodist Church is seeking an energetic and creative candidate for our Children, Youth and Family Ministries Director position (20 hours/week).

General description: The Director for Children, Youth and Family Ministries will provide dynamic leadership, direction and supervision for the outreach, fellowship, faith formation, mission and worship for children and youth and their families in order to grow this program and extend the reach of Christ's love in the world.

Core Competencies:

Christ-centered, Entrepreneurial, Servant Leadership, Communicator, Responsible and self-motivated.

Qualifications:

- College degree; willing to consider a candidate who does not have a college degree but possesses desired experience consistent with job description
- Strong written and verbal skills
- Prior experience with children and/or youth
- Willing to respect, learn and teach the United Methodist tradition and faith
- Self-directed yet able to function as a team player and maintain positive working relationships
- Ability to work for extended periods at computer workstation, standing, etc.

For questions about this position, contact:

Rev. Sarah Lawton

218-724-2266

pastorsarah@hopeumcmn.org

Kid's Korner

Kids' Quest is off to a great 2018-2019 season. We are so grateful to Pastor Sarah for bestowing God's blessing on our children and teachers at the September 9 worship service. We ask for God to grant us the wisdom to teach our precious children His Word in all its truth and purity. Our lessons for the year are working out well. All the lessons are centered around the family. We learn the importance of family and the different kinds of families. Our September lessons centered around Jesus Joins His Family and Jesus and His Parents, God's Family, Jesus Creates a Family, and Jesus and the Children. In October we learn of Family Blessings, Joseph and his Brothers, Moses and his sister, and Sisters. May God give us the wisdom to present these lessons according to His will. We covet the prayers of the congregation as we teach.

October will again be UNICEF month. Instead of the children taking the UNICEF boxes with them when they go out to trick or treat, we will be passing out the boxes on the first Sunday of October to the congregation. We ask that you take the boxes home and place coins into the boxes during the month. You may return the boxes on the last Sunday of October. The children will collect the filled boxes during the worship service. Please remember the children all over the world who are in need of the very basics of life.

Remember too, if you know of any children who would like to join us on Sunday mornings for an hour, please invite them to come. We are always happy to have visitors with us. Hopefully they would like to make Kids' Quest the place to be on Sunday morning.

Our special dates to remember:

- October: UNICEF month
- December 9: Bake Sale
- December 9: Christmas Program Practice
- December 16: Christmas Program

May God richly bless you,
~Anita

YOUTH NEWS

Haunted Shack & Ru-Ridge Corn Maze - Join us on Friday, October 26 in getting spooked at the new Haunted Shack in Carlton, MN and on their Haunted Hayride and Haunted Trail Through the Corn. Per their website, you must be at least 12 to attend. Feel free to bring a friend and parent release forms will be required by everyone under 18.

We will meet at the church parking lot at 7 pm to car-pool. The time that we return will be dependent on the length of the lines so we will text parents just before heading back to Duluth. The cost is \$15. Receive a \$2 discount with a non-perishable food item and a \$5 discount with a coat for the Northland Coat Drive "Coats for Kids". Having a few additional adults join in the fun and help drive would be great! RSVP to Sandy by Sunday, October 21st at 218-260-7109 or godanc-esandy@aol.com.

Trunk or Treat - Everyone is welcome to come and help at Hope UMC's annual Trunk or Treat event on Sunday, October 28 from 3 - 5 pm in our parking lot (or Fellowship Hall if poor weather). Come in costume and help hand out candy to kids from our community. This is really a fun event.

Usher and Read Scripture - Please consider signing up in the narthex to read scripture in service or volunteer to usher. Great way to get involved and give back to your church.

I hope everyone has gotten off to a good start with the new school year. Please let me know if you have any questions about the above.

Blessings,

Sandy Johnson
218-260-7109



COMMUNITY EVENTS



Victory Chorus

The Victory Chorus, a new program of Dementia Friendly Duluth, is a structured chorus comprised of persons with dementia, their caregivers or loved ones, and volunteer helper singers. The Chorus is led by a professional music director and other professional staff.

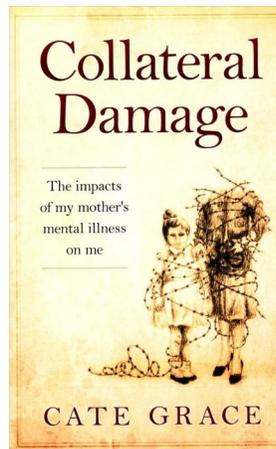
Seeking Volunteers: We are seeking volunteers from the community to sing in the Chorus and be paired with a person who has dementia.

Building Community: Residents of Duluth who have been affected by dementia have a unique opportunity to build connections, seek joy and meaningfully engage in their community through song.

Session Info: There will be 3 sessions offered in the spring, summer, and fall of 2019. Each session is 9-12 weeks from 1:30—3:30pm on Sundays and will be held at the Unitarian Universalist Congregation of Duluth—835 W. College Street, Duluth, MN.

For more information contact VictoryChorus@thevictoryfund.org

Mental illness affects the whole family, not just the person diagnosed. NAMI (National Alliance on Mental Illness) offers its Family-to-Family class for family members and close friends, starting Tuesday September 18 and running for 11 sessions, 6:00-8:30 p.m. Led by trained family members, it supports families with information, understanding, practical skills and techniques, and resource referral. This class comes highly recommended by past participants! No fee. To learn more or register: namiduluth@gmail.com or 218-409-6566.



Author Cate Grace will share her experiences growing up in a family struggling with the impacts of her mother's mental illness.

MAIN LIBRARY
(320 W. Superior St.)
Thursday, October 11th
5:30-7:00pm

Green Room
Copies of the book will be available for purchase and refreshments will be served.

Certificates of attendance will be provided.
Preregistration is highly suggested for a reserved seat.
Sign up at duluthlibrary.org

Sponsored by Duluth Public Library in partnership with



**A MATTER OF
BALANCE**
MANAGING CONCERNS ABOUT FALLS

“A Matter of Balance Workshop” helps seniors develop strength & flexibility, and prevent falls. Age Well Arrowhead wants to know if YOU are interested in having the workshop offered at Hope UMC. **Please sign the sheet in the narthex with your phone number, or contact the office, to indicate interest** and Age Well will be in touch regarding details in the future.

CHURCH CALENDAR

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> <p>5:00pm Dollar Dinner</p>	<p>2</p> <p>10:00am—noon Parents & Pals</p> <p>1:00pm PEO Mtg</p>	<p>3</p> <p>8:00 am Men's Breakfast (Caribou Coffee)</p> <p>10:00am—noon Parents & Pals</p> <p>3:00pm CSA</p> <p>6:30 pm Choir</p> <p>7:00 pm Alanon</p>	<p>4</p> <p>9:00am—2:00pm Painters</p> <p>10:45am Yoga for Parkinson's</p> <p>12:00pm Gentle Yoga</p> <p>1:30pm Exercise</p> <p>5:30—9:00pm NLM Quilters Guild</p>	<p>5</p> <p>8:00am-5:00pm NLMQG</p>	<p>6</p> <p>8:00am-5:00pm NLMQG</p> <p>9:00am— noon Strategic Plan Review</p>
<p>7</p> <p>10:00 am Worship</p> <p>11:15am Worship & Music Mtg.</p> <p>3:00 pm Grace Korean</p>	<p>8</p> <p>5:00pm Dollar Dinner</p>	<p>9</p> <p>10:00am—noon Parents & Pals</p> <p>1:30pm Memory Café (Age Well)</p> <p>4:30pm Missions & Outreach</p>	<p>10</p> <p>8:00 am Men's Breakfast (Caribou Coffee)</p> <p>10:00am Page Turners</p> <p>10:00am—noon Parents & Pals</p> <p>3:00pm CSA</p> <p>5:00pm Prayer Group</p> <p>6:00pm Page Flippers</p> <p>6:30 pm Choir</p>	<p>11</p> <p>9:00am—2:00pm Painters</p> <p>10:45am Yoga for Parkinson's</p> <p>12:00pm Gentle Yoga</p> <p>1:30pm Exercise</p>	<p>12</p>	<p>13</p>
<p>14</p> <p>10:00 am Worship</p> <p>11:15 am SPRC Mtg.</p> <p>11:15am Trustees Mtg</p> <p>3:00 pm Grace Korean</p>	<p>15</p> <p>5:00pm Dollar Dinner</p>	<p>16</p> <p>10:00am—noon Parents & Pals</p> <p>5:00pm UCM Board Mtg</p> <p>6:30pm Evening Book Club</p> <p>Newsletter deadline</p>	<p>17</p> <p>8:00 am Men's Breakfast (Caribou Coffee)</p> <p>10:00am—noon Parents & Pals</p> <p>3:00pm CSA</p> <p>5:00pm Ad Council</p>	<p>18</p> <p>9:00am—2:00pm Painters</p> <p>10:45am Yoga for Parkinson's</p> <p>12:00pm Gentle Yoga</p> <p>1:30pm Exercise</p>	<p>19</p> <p>8:00am -5:00pm Sewing Group</p> <p>10:00am NCQ</p>	<p>20</p> <p>9:00am - 5:00pm Sewing Group</p>
<p>21</p> <p>10:00 am Worship</p> <p>11:15am Finance Mtg.</p> <p>3:00 pm Grace Korean</p>	<p>22</p> <p>3:00pm Dessert w/ Pastor Sarah</p> <p>5:00pm Dollar Dinner</p>	<p>23</p> <p>10:00am—noon Parents & Pals</p> <p>6:00pm PEO</p>	<p>24</p> <p>8:00 am Men's Breakfast (Caribou Coffee)</p> <p>10:00am—noon Parents & Pals</p> <p>3:00pm CSA</p> <p>5:00pm Prayer Group</p> <p>6:30 pm Choir</p> <p>7:00pm Alanon</p>	<p>25</p> <p>9:00am—2:00pm Painters</p> <p>9:00am Hope Quilters</p> <p>10:45am Yoga for Parkinson's</p> <p>12:00pm Gentle Yoga</p> <p>1:30pm Exercise</p>	<p>26</p>	<p>27</p>
<p>28</p> <p>10:00 am Worship</p> <p>3:00 pm Grace Korean</p> <p>3:00pm Trunk-or-Treat</p>	<p>29</p> <p>5:00pm Dollar Dinner</p>	<p>30</p> <p>10:00am—noon Parents & Pals</p>	<p>31</p> <p>8:00 am Men's Breakfast (Caribou Coffee)</p> <p>10:00am—noon Parents & Pals</p> <p>3:00pm CSA</p> <p>6:30 pm Choir</p> <p>7:00pm Alanon</p>			

Hope Unite Methodist Church

301 W. St. Marie Street
Duluth, MN 55803

Phone: 218-724-2266
Email: office@hopeumcmn.org
Office Hours:
Mon - Fri ~ 9:00am - 2:00pm

Non-Profit Org.
US Postage
PAID
Duluth, MN
Permit No. 11

ADDRESS SERVICE REQUESTED

With God's grace, we care for the soul for a lifetime and beyond.

Members and Friends in our Hearts...

Benedictine: Margaret Kline

Key Stone Bluffs: Ralph & Marge Anderson, Bette Nord, Shirley Swapinski,
Pat Eng

Hold in Prayer...

Margaret Kline

Pat Eng

Bette Nord

Dorothy Bergman

Jenny Pattison-Lundeen

Shirley Swapinski

Rebecka George

Lois Newell

Catharine Larsen

Fred Moen

The family of Marj McKee

