



NOVEMBER  
2018



*From Sarah, with love...*

I am so thankful. My life is rich and interesting—with new and wonderful people to meet, beauty all around me and some time away, just in time to come back for All Saints’ Sunday! Thank you for allowing me to live among you as your pastor. I can’t help but count my blessings—they spring forth! Count with me (in no particular order).

1. Franklin and Yuri
2. Kids Time
3. Music on the radio
4. new pants
- 5.
- 6.
7. Hope Church
8. friends
9. something good to look forward to
10. mashed rutabagas
11. hot tea with lots of sugar
- 12.
- 13.
14. reading a book

15. walking in the woods
- 16.
17. sharing a meal with friends
- 18.
19. love
20. fresh bread and butter
21. coming home after a long day
- 22.
23. calling your mom
- 24.



Franklin



Yuri

Join the Advent-ure!

Advent is coming!  
We will celebrate the first Sunday of Advent with a Day of Love at Hope!

We’ll have a simple potluck lunch (bring your favorite soup or bread or snack!) and as an extension of our worship that morning, we will gather for potluck soup will be assembling Blessing Bags\* as well as creating our own Advent Calendars. Beth Kaiser, one of our office admins will lead us in a praying in color activity. (Feel free to bring your own colored pencils and magic markers for this activity!)

\*If you are unfamiliar with the concept of a blessing bag, this is just a simple way to be a blessing to those you come across who might be in need (we mostly give them out to the homeless standing on the side of the road with signs). A blessing bag is a small assortment of basic toiletries and snacks in a zip-lock bag

**Inside this issue:**

<b>Upcoming Events</b>	<b>2</b>
<b>Hospitality/Teams</b>	<b>3</b>
<b>Missions &amp; more</b>	<b>4</b>
<b>Team HOPE/Hope Activities</b>	<b>5-7</b>
<b>Christian Education</b>	<b>8</b>
<b>Community Events</b>	<b>9</b>
<b>November Calendar</b>	<b>10</b>

## UPCOMING EVENTS



### *Events and Small Groups*

**Men's Breakfast: Wednesdays, 8:00 am,** Mt. Royal Caribou Coffee.

**Worship at Pines III—Tuesday, November 6th at 2:00pm**

**Hope's prayer group** now meets on the *first Wednesday of the month at 5:45pm* and we are always delighted to have more "prayer power!" (The more the prayerier!) In addition to praying through the Upper Room prayer requests, we pray for those in our circles of influence, our church family, and beyond.

**A new Grief Group is beginning in November and will meet** from 5:30-7:00pm on **Nov. 8, 15, 29, Dec. 6** Catharine Larsen will be the facilitator. Cost is \$25 for all 4 sessions.

**Page Turners** will meet on November 14 at 10:00 a.m. at Judy Moen's house (29 W. Winona St.) to watch the Netflix movie, "The Guernsey and Literary Potato Peel Society." ***New members welcome.*** Contact Anna Allison at 343-5643.

**December Newsletter Deadline: Monday, November 19th**

**The Enews is a weekly email** sent with updated calendar, opportunities, and prayer list. A printed copy goes out to those who do not use email. Just let the office know if you want it sent to you!

**Daylight Saving Time ends this weekend. Don't forget to turn back your clocks on Sunday, November 4th!**

Check out our website at:  
[HopeMethodistChurch.com](http://HopeMethodistChurch.com)

Like us on Facebook!  
[www.facebook.com](http://www.facebook.com)  
[hopeumcduluth](https://www.facebook.com/hopeumcduluth)

**Office Hours**  
**Monday~ Friday**  
**9:00 am ~ 2:00 pm**

***From our custodian, Matt:*** If you have an event and would like custodial to set up your space, please sure to submit your needs in writing (for the Fellowship Hall, please use the chart available in the office.) Matt Johnson, our custodian will be working late afternoons or evenings.

*Thought for the month from the Hope Prayer Group*

"If the only prayer you ever say in your entire life is thank you, it will be enough." ~ Meister Eckhart

## Interfaith Thanksgiving Service

This year's Interfaith Thanksgiving Service will be held on Tuesday, November 20th at 7:00 p.m. Faith communities from around the area will gather at First United Methodist Church to give thanks for our many blessings together. This is a service of word and music, and Hope's choir will again be participating.

This service is a wonderful way to begin the season of thanks leading into Advent and Christmas.



## Church Conference Set for November 25th

The annual Hope UMC Church Conference will be held on Sunday, November 25th immediately following worship. At this conference we will approve the pastoral compensation package as well as discuss the year ahead. It is important to have as many people as possible take part in this conference so your voice can be heard. Rev. Larry Goebel will preside.

## Hope Hospitality

Recently, we received a letter from a grateful parent and thought you all should read it, too! My name is Drid Wilson and I am Madison Wilson's mother. I just wanted you to know how much I, as a parent, appreciated the church home you provided for Madison in her last two years of college at UMD. Madison was raised in the church and was very involved in our church as she grew up... As Madison's parents we were concerned if she'd choose to attend church while in college when we weren't around. We were beyond thrilled to learn she was connected to your church and sang in your adult choir. She talked about her positive experiences with your church all the time. She felt loved and accepted and was always so happy to see some of the church ladies attend her concerts/operas/senior recital at UMD. Your ladies went beyond what's expected by showing they were interested in what she was doing outside of church. (continued next column)...

## Finance

**DIDJA KNOW** that this fall we will not be having our usual, normal Stewardship Campaign? Most of us have become aware of the fact that the University Nursery School has decided to end its contract with us. This has come as somewhat of a surprise and has required us to adjust our timelines and activities. It brings with it a large reduction in our anticipated income for the coming year. We will await the recommendations of the task force that is researching opportunities for use of the space, program development and regrouping our financial strategies.

In the mean time, our work as a congregation will continue. Our missions and purpose have not changed. We will continue on the paths we have set, although some delays and minor changes will be needed. Our giving and financial commitments should remain strong during this time of change. Giving to the Operating Fund and the Capital Improvement Fund needs to continue as usual.

While we have temporarily slowed the activities funded through our Hope For The Future (HFTF) campaign, it is very important to continue support for these efforts so that when we do move forward again, funding will be there. We strongly encourage those who have not completed their HFTF pledge to do so as soon as possible. We also encourage those who are able, to make additional gifts in support of HFTF.

*For your Finance Team  
Pete Bergman, Chair*

When my husband and I were staying overnight in Duluth, we made it a habit to join worship at your church. We felt welcomed at your church and we could totally understand why Madison enjoyed going to your church and singing in the choir. It may have started off as a way to earn extra money while she was in college, but it became so much more because she loved and enjoyed it. ...Thank you so much for having this program at your church and for accepting and loving my daughter, Madison Wilson. With heartfelt gratitude, Drid Wilson



## Mission/Outreach

Happy November! What a busy October we had; everything was such a great success. Thank you EVERYONE for making this possible.

We will be collecting pajamas for Myers-Wilkins first graders through the months of November and December. Sizes needed are 6x—10.

December 2nd is Advent and we would like to assemble "Blessings in a Bag" during this time. These bags then will be personally handed out by our congregation.

Do you like to knit or crochet? Or would you like to learn? Hope is asking for your help in knitting or crocheting purple scarfs for the Lydia Project. This initiative project is to help knit/crochet 10,000 scarves, after Lydia in Acts 16. More information will be coming.

We are looking inviting Naomi-Sundog Yaeger to speak about the environment here at Hope. Naomi is the Earthkeeper at the General Board of Global Ministries. A date will be posted.

Beginning November 14th, Nancy Sivertson will be the new Chairperson for Missions/Outreach. We are excited and blessed to have her lead this group.

Hope, Faith, Love,  
Robyn

CHUM Church's Annual Service of Thanksgiving will be held on Sunday, November 11 at Peace UCC, 1111 11<sup>th</sup> Ave. E. As a sign of thanks for all that we have, please bring a non-perishable food item that will be given to the CHUM Food Shelf. CHUM Church intentionally invites people of all abilities who wish to worship in an accessible, welcoming, and inclusive environment. Worship is open to all. Join us for pre-worship activities at 4:00 pm and worship at 4:30pm, with a light supper following. This month's host congregation is the Duluth/Superior Friends. For more information contact Sue Anderson, CHUM Church Coordinator, 740-2498 or [sanderson@chumduluth.org](mailto:sanderson@chumduluth.org).



## Grief Group

Join us for a healing group for those dealing with grief. Thursdays: November 8th, 15th, 29th, and December 6th from 5:30—7:00pm in the Mathison Room.

Cost: \$25 includes all four sessions.

There are many kinds of loss and many forms of grieving: loss of loved ones, illness, life transitions, and dashed hopes. To be an adult is to be grieving. Grief work leads to acceptance and new life.

Come share with others in a caring, loving community. Your facilitator is Catharine Larsen, Licensed Psychologist, who has led grief groups and spoken about loss and grief.

RSVP to Hope UMC: 724-2266

Catharine: 733-9903



## CHUM Fall Assembly

November 13

6:30 - 8:15 p.m.

St. Paul's Episcopal Church

1710 E. Superior St.

Theme: Legislative and Gubernatorial  
Advocacy

**Hope Quilters** will not meet in November but will meet on Thursday, December 13th for quilting and sewing and birthday celebrating!



A date for the Fabric/Yarn sale has been set for Saturday May 4<sup>th</sup>, 2019.

## TeamHOPE

Our church is guided by God and led by the Holy Spirit. Jesus is our teacher and our boss!

With this in mind our church still has, like every organization, an intentional structure.

We want everyone who attends and loves Hope Church to participate fully, as you are able, in the life of the church!

In order to encourage participation and to be open and honest about our church structure and function, here is our church structure in a nutshell!

We are Team Hope! Together we serve.

### Team Hope 2018 (Boards and Committees)

**Christian Education** – disciples and plans children, youth, family, and adult education and activities. Meets quarterly, usually on Saturday mornings. Members are: Pastor Sarah Lawton, Anita Rixe, Suzanne Kelley, Sandy Johnson, Linda Rolland, Lori Amundson, and Mary West.

**Community Care** – coordinates funerals and events, assists Pastor Sarah Lawton with visitations to our members. Members are Sally Herstad, Deb Hoff, Linda Rolland, Linda Pugliese, and Lois Witzig.

**Finance** – serves as financial overseers for Hope. Meetings are held after church on the 3<sup>rd</sup> Sunday of the month. Members are Pete Bergman, Geoff Popham, Lori Amundson, Darlene Johnson, Shawn Amundson, Jim Hubal, and Deb Hoff. In addition, the Memorial Fund is supervised by Karen Stocke, Lois Witzig, Mary Bowker, Shirley Johnson, Pauline Swanfeld, Sally Herstad, and Brad Mackinaw. Sunday “counters” are Mary Bowker, Michelle Bowker, Pete Bergman, Bob Pugliese, Sharon Hanson, and Robyn Anderson.

**Garden/Landscaping** – keeps the garden and grounds healthy and inviting. Work is scheduled during the growing season on Wednesday mornings. Current members are Sue Beeman, Celeste Daw, Karen Stocke, Rosemary Tripp, and Chong Dewing.

**Kitchen** – oversees kitchen usage and organizes general clean-ups of the church’s kitchen. Sue Beeman, Bev Merritt, Mary West.

**Lay Leader** – meets with the pastor regularly, serving as spiritual leader of the congregation and liaison between the congregation and the pastor, serving in whatever capacity is required. Attends the Annual Conference, or appoints someone to go in his/her stead. Current Lay Leader is Catharine Larsen. Sally Herstad and Deb Hoff serve as Alternates.

**Lay Leadership** – assists the pastor in finding board and committee nominees to be presented at the Annual Meeting. Meets in the fall. (Formerly called the Nominating Committee.) Lay Leadership consists of Pastor Sarah Lawton, Sally Herstad, Marilyn Melhus, and Mary West.

**Members at Large** – attend Ad Council meetings (3<sup>rd</sup> Wednesday/month) to act as objective participants in discussions. Current Members at Large are Linda Pugliese, Sue Johannesson, Deb Hoff, and Fred Moen.

**Outreach/Mission** – provides our connection with the community and world at large with opportunities to live out our commission to be “Jesus with skin on.” Activities include serving CHUM dinners, collecting coats for the Damiano Center, and many others. Meetings are held on the 2<sup>nd</sup> Tuesday of the month at 4:30. The current members are Robyn Christianson, Linda Rolland, Bev Merritt, Judy Moen, Michelle Bowker, Nancy Sivertson, Rosemary Tripp, Robyn Anderson, Julie Mackinaw, Brad Mackinaw, Fred Moen, Judy Moen, and Becca Moen.

**Recording Secretary** – attends Administrative Council meetings (3<sup>rd</sup> Wednesday/month), takes attendance and minutes, and submits minutes to the church office. The current Recording Secretary is Cynthia Allen.

**Staff-Parish Relations (SPRC)** – functions as human relations with the staff; mediates conflicts within the church community, and is the liaison between the pastor and the Conference. SPRC meets after the worship service on the 2<sup>nd</sup> Sunday/month. Members of this team are Pastor Sarah Lawton, Marcia Bowker, Catharine Larsen, Darlene Johnson, Marilyn Melhus, Sara Slotness, and Mary West.

**Trustees** – is the legal entity, responsible for the church and community, and takes care of our building and grounds. Regular meetings are held on the 2<sup>nd</sup> Sunday of the month after the worship service. Current Trustees are Doug Kuehl, Jim DeArmond, Linda Morinville, Art Hoff, Jack Carlson, and Rob West.

**Worship and Music** – provides and oversees all of the elements of our Worship Services (music, communion, altar, banners, sound, etc.) Worship and Music meets on the 1<sup>st</sup> Sunday of the month. Current members are Pastor Sarah Lawton, Sally Herstad, Liz Raihala, Meredith Kuehl, Barb Bergman, Nancy DeArmond, Kevin Raihala, Julie Mackinaw, Joanne Hubal, Anita Rixe, and Diane Nast.



## HOPE ACTIVITIES

### Page Flippers Book Club

Page flippers is a book club for children and youth. We will be meeting from 6—7 pm on Wednesday, November 14th.

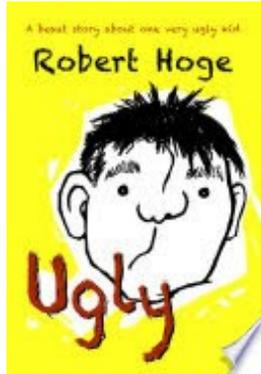
The book for the month is "Ugly" by Robert Hoge.

Everyone is welcome!

Check out our FB page for all current book listings .

<https://www.facebook.com/duluthpageflippers/>

If you have any questions please contact Lori Amundson at [lamundson@hotmail.com](mailto:lamundson@hotmail.com) or call at 612-756-3077.



### Age Well Memory Café

Tuesday, November 13th from 1:30 - 3:00 pm.

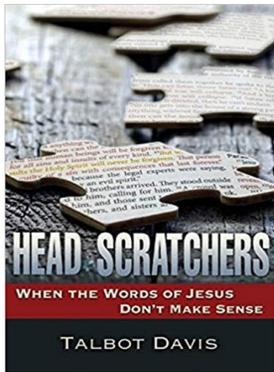
A Memory Café is a group where those suffering from memory loss, as well as their care providers and family members, can find relaxation, fun, and the support of other people who are having similar experiences.

For more info or to RSVP please contact Kim Hileman, the Program Director of Age Well Arrowhead. 218-623-7805.

### Headscratchers Book Study Group

is pondering Christmas!

Join us as we compare and contrast the 4 (or more?!) Nativity Stories!



Thursday, December 13th 6pm  
at Meredith Kuehl's house  
1401 Minneapolis Ave. Duluth,  
MN 55803

We'll share a meal and celebrate  
as we ponder and party  
Please join us!

For more information, call  
Pastor Sarah or Mary West.

### Evening Book Club

Welcome, all lovers of reading good books!

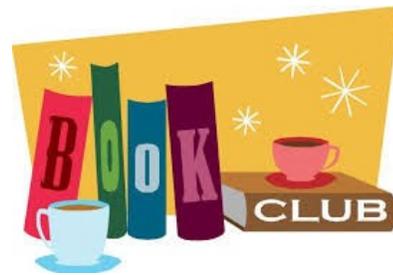
The Evening Book Club will meet on Tuesday, November 27th in the Narthex, at 6:30 PM. (Not Nov. 20th.) If the venue changes, we will notify the office, so if you plan to join us for the first time, please check with the office by 2:00 on Tuesday. We have chosen our books for the next five months.

**November 27:** *Killers of the Flower Moon: the Osage Murders and the Birth of the FBI*, David Grann

**December 18:** *The Christmas Train*, David Baldacci

**January 15:** *The Absolutely True Diary of a Part-time Indian*, Sherman Alexie

**February 19:** *Small Great Things*, Jodi Picoult



### HOPE STAFF

Pastor: Rev. Sarah Lawton

Church Office: Jennifer Amy-Dressler, [office@hopeumcmn.org](mailto:office@hopeumcmn.org)

Church Office: Beth Kaiser [office@hopeumcmn.org](mailto:office@hopeumcmn.org)

Music Director: Elizabeth Raihala, [liz@raihala.net](mailto:liz@raihala.net)

Custodian: Matt Johnson

Accompanist: Diane Nast

Kid's Quest: Anita Rixe

Nursery Attendants: Ella Karki, Cassidy Kelley

## Kid's Korner

October was a great month for Kids' Quest. Our attendance was up, we had some awesome visitors and God's Word was shared. Our theme for the month was We are Family. We talked about Family Blessings, Joseph and his Brothers, Moses and his sister, and Sisters. The lessons for November include Different Kinds of Family. We will learn about Naomi and Ruth, Hannah, Samuel and Eli, The Widow and her Sons and Esther and Mordecai. All very special Words from God.

October was Trick or Treat for UNICEF month and small collection boxes were distributed to the congregation on October 7. On October 28 the filled boxes were brought back to church. We will report the amount collected in the December newsletter.

Lori Amundson agreed to direct the Christmas program this year. She is in the process of planning the program and getting everything put together. Many many thanks to Lori for taking charge of this very special project!!

I want to thank each teacher for their efforts in bringing God's Word to our dear children. It is a very important part of Hope Church and we are so thankful for all the teachers do. Take a moment to thank them with an encouraging word.

Dates to Remember:

December 9: Bake Sale

December 9: Christmas Program  
Practice

December 16: Christmas Program

Blessings,  
~Anita

## YOUTH NEWS

**Planet 3 Extreme Air Park** - Several youth have expressed an interest in going to this new trampoline park. Look for a text from me in the next few weeks about scheduling a date to go!

**Intergenerational Christmas Program** - Come join the fun of being in our Christmas Program!! People are needed to read, perform skits or provide special music. Practice will be December 9 and program December 16. Sign up in the narthex or contact Lori Amundson ([lamundson@hotmail.com](mailto:lamundson@hotmail.com) or 612-756-3077) with questions.

**Scripture Readers** - Readers are needed every Sunday. Please consider giving back and participating in your church in this simple way. Sign-up sheets are in the narthex.

Happy Thanksgiving everyone! Remember to be thankful for all of your blessings every day!!

Blessings!  
Sandy Johnson  
218-260-7109



# Happy Thanksgiving

An illustration of a cornucopia overflowing with pumpkins, gourds, and autumn produce.

## COMMUNITY EVENTS

### 2018 Thanksgiving Buffet

FREE Thanksgiving Dinner ~ Thursday, November 22nd

Dinner Served 11:00am ~ 3:00pm

Duluth Entertainment Convention Center

Home Meal Delivery is available. Please call 218-723-6484 no later than 12 noon on Friday, November 16th to arrange a meal delivery.

Free DTA Bus Transportation in the Duluth Area. Information on their schedule can be found at [Duluthtransit.com](http://Duluthtransit.com) or call 218.722.7283

### Classes on Medicare

The MN Citizens Federation NE, based in Duluth, is offering Medicare Classes to help people clear up the confusion about Medicare, and learn how to comparison shop for Medicare policies. These are the only Medicare classes in this area presented with a consumer advocacy viewpoint. The Citizens Federation, previously known as the Senior Federation, has a 40-year track record of expert and effective consumer advocacy, and health care coverage expertise. The presenter is Buddy Robinson, Staff Director of the Citizens Federation.

There are three classes scheduled at Hope UMC: Thurs. Nov. 1 (7 pm), Mon. Nov. 5 (2 pm), and Mon. Nov. 19 (2 pm). And, there are two classes scheduled at Peace Church (1111 N. 11th Ave. E.): Thurs. Nov. 8th (7 pm) and Mon. Nov. 12th (7pm). The classes are one-and-a-half hours.

There is an attendance fee of \$25 per household, including full handouts. For more information or to register, call the Citizens Federation at 218-772-0207, or email:

[admin@citizensfed.org](mailto:admin@citizensfed.org).



### Victory Chorus

The Victory Chorus, a new program of Dementia Friendly Duluth, is a structured chorus comprised of persons with dementia, their caregivers or loved ones, and volunteer helper singers. The Chorus is led by a professional music director and other professional staff.

**Seeking Volunteers:** We are seeking volunteers from the community to sing in the Chorus and be paired with a person who has dementia.

**Building Community:** Residents of Duluth who have been affected by dementia have a unique opportunity to build connections, seek joy and meaningfully engage in their community through song.

**Session Info:** There will be 3 sessions offered in the spring, summer, and fall of 2019. Each session is 9-12 weeks from 1:30—3:30pm on Sundays and will be held at the Unitarian Universalist Congregation of Duluth—835 W. College Street, Duluth, MN.

**For more information contact [VictoryChorus@thevictoryfund.org](mailto:VictoryChorus@thevictoryfund.org) or talk with our office admin. Beth Kaiser who was just hired as the Victory Chorus Program Coordinator.**

## COMMUNITY EVENTS



### Victory Chorus

The Victory Chorus, a new program of Dementia Friendly Duluth, is a structured chorus comprised of persons with dementia, their caregivers or loved ones, and volunteer helper singers. The Chorus is led by a professional music director and other professional staff.

**Seeking Volunteers:** We are seeking volunteers from the community to sing in the Chorus and be paired with a person who has dementia.

**Building Community:** Residents of Duluth who have been affected by dementia have a unique opportunity to build connections, seek joy and meaningfully engage in their community through song.

**Session Info:** There will be 3 sessions offered in the spring, summer, and fall of 2019. Each session is 9-12 weeks from 1:30—3:30pm on Sundays and will be held at the Unitarian Universalist Congregation of Duluth—835 W. College Street, Duluth, MN.

For more information contact [VictoryChorus@thevictoryfund.org](mailto:VictoryChorus@thevictoryfund.org)

### 2018 Thanksgiving Buffet

FREE Thanksgiving Dinner ~ Thursday, November 22nd

Dinner Served 11:00am ~ 3:00pm

Duluth Entertainment Convention Center

Home Meal Delivery is available. Please call 218-723-6484 no later than 12 noon on Friday, November 16th to arrange a meal delivery.

Free DTA Bus Transportation in the Duluth Area. Information on their schedule can be found at [Duluthtransit.com](http://Duluthtransit.com) or call 218.722.7283

### Classes on Medicare

The MN Citizens Federation NE, based in Duluth, is offering Medicare Classes to help people clear up the confusion about Medicare, and learn how to comparison shop for Medicare policies. These are the only Medicare classes in this area presented with a consumer advocacy viewpoint. The Citizens Federation, previously known as the Senior Federation, has a 40-year track record of expert and effective consumer advocacy, and health care coverage expertise. The presenter is Buddy Robinson, Staff Director of the Citizens Federation.

There are three classes scheduled at Hope UMC: Thurs. Nov. 1 (7 pm), Mon. Nov. 5 (2 pm), and Mon. Nov. 19 (2 pm). And, there are two classes scheduled at Peace Church (1111 N. 11th Ave. E.): Thurs. Nov. 8th (7 pm) and Mon. Nov. 12th (7pm). The classes are one-and-a-half hours.

There is an attendance fee of \$25 per household, including full handouts. For more information or to register, call the Citizens Federation at 218-772-0207, or email: [admin@citizensfed.org](mailto:admin@citizensfed.org).



at

# CHURCH CALENDAR

## November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Pastor Sarah vacation <b>9-2pm</b> Painters <b>10:45am</b> Yoga for Parkinson's <b>12:00 pm</b> Gentle Yoga <b>1:00pm</b> Music @ 1 <b>1:30pm</b> Exercise <b>7:00-8:30pm</b> Medicare Info class	<b>2</b> Pastor Sarah vacation	<b>3</b> Pastor Sarah vacation
<b>4</b> <b>10:00 am</b> Worship <b>11:15am</b> Worship & Music <b>3:00 pm</b> Grace Korean	<b>5</b> <b>2:00-3:30pm</b> Medicare Info class  <b>5:00pm</b> Dollar Dinner	<b>6</b> <b>10:00am—noon</b> Parents & Pals  <b>2:00pm</b> Pines Worship  Election Day	<b>7</b> <b>8:00 am</b> Men's Breakfast (Caribou Coffee)  <b>10:00am—noon</b> Parents & Pals  <b>3:00pm</b> CSA <b>5:45pm</b> Prayer Group <b>6:30 pm</b> Choir <b>7:00 pm</b> Alanon	<b>8</b> <b>9-2pm</b> Painters <b>9—2pm</b> CASDA Sewing Missions <b>10:45am</b> Yoga for Parkinson's <b>12:00 pm</b> Gentle Yoga <b>1:00pm</b> Music @ 1 <b>1:30pm</b> Exercise <b>5:30-7:30pm</b> Grief Group	<b>9</b>     <b>6:00 pm</b> Taste of UMD Set up	<b>10</b> <b>8:30—11:30am</b> PEO Chapter <b>1-3pm</b> Taste of UMD
<b>11</b> <b>10:00 am</b> Worship <b>11:15am</b> SPRC <b>11:15am</b> Trustees <b>3:00</b> Grace Korean	<b>12</b>     <b>5:00pm</b> Dollar Dinner	<b>13</b> <b>10:00am—noon</b> Parents & Pals  <b>1:30pm</b> Memory Café (Age Well)  <b>4:30pm</b> Missions & Outreach	<b>14</b> <b>8:00 am</b> Men's Breakfast (Caribou Coffee) <b>10:00am</b> Page Turners <b>10:00am—noon</b> Parents & Pals  <b>3:00pm</b> CSA <b>6:00pm</b> Page Flippers <b>6:30 pm</b> Choir <b>7:00pm</b> Alanon	<b>15</b> <b>9-2pm</b> Painters <b>10:45am</b> Yoga for Parkinson's <b>12:00 pm</b> Gentle Yoga <b>1:00pm</b> Music @ 1 <b>1:30pm</b> Exercise   <b>5:30-7:30pm</b> Grief Group	<b>16</b>   <b>10:00am</b> NCQ	<b>17</b> <b>11:15am</b> CE
<b>18</b> <b>10:00 am</b> Worship <b>11:15am</b> Finance <b>3:00 pm</b> Grace Korean	<b>19</b> <b>NEWSLETTER DEADLINE</b>  <b>2:00-3:30pm</b> Medicare Info class  <b>5:00pm</b> UCM Thanksgiving Meal	<b>20</b> <b>10:00am—noon</b> Parents & Pals  <b>5:00pm</b> UCM Board Mtg  <b>7:00pm</b> Interfaith Thanksgiving Service @ First UMC	<b>21</b> <b>8:00 am</b> Men's Breakfast (Caribou Coffee) <b>10:00am—noon</b> Parents & Pals  <b>7:00pm</b> Alanon	<b>22</b> <i>Happy Thanksgiving!</i>   Office Closed	<b>23</b>   Office Closed	<b>24</b>
<b>25</b> <b>10:00 am</b> Worship  <b>11:15am</b> Charge Conference <b>3:00 pm</b> Grace Korean	<b>26</b>    <b>5:00pm</b> Dollar Dinner	<b>27</b> <b>10:00am—noon</b> Parents & Pals  <b>6:30pm</b> Evening Book Club	<b>28</b> <b>8:00 am</b> Men's Breakfast (Caribou Coffee) <b>10:00am—noon</b> Parents & Pals  <b>10:00am</b> Jazzercise <b>6:30 pm</b> Choir <b>7:00pm</b> Alanon	<b>29</b> <b>9-2pm</b> Painters <b>10:45am</b> Yoga for Parkinson's <b>12:00 pm</b> Gentle Yoga <b>1:00pm</b> Music @ 1 <b>1:30pm</b> Exercise  <b>5:30-7:30pm</b> Grief Group	<b>30</b> <b>8:00am</b> Jazzercise	

# Hope Unite Methodist Church

301 W. St. Marie Street  
Duluth, MN 55803

Phone: 218-724-2266  
Email: office@hopeumcmn.org  
Office Hours:  
Mon - Fri ~ 9:00am - 2:00pm

Non-Profit Org.  
US Postage  
PAID  
Duluth, MN  
Permit No. 11

ADDRESS SERVICE REQUESTED

*With God's grace, we care for the soul for a lifetime and beyond.*

## *Members and Friends in our Hearts...*

**Benedictine:** Margaret Kline

**Key Stone Bluffs:** Ralph & Marge Anderson, Bette Nord, Shirley Swapinski,  
Pat Eng

## *Hold in Prayer...*

Robyn Christianson  
Bette Nord  
Shirley Swapinski  
Catharine Larsen

Margaret Kline  
Dorothy Bergman  
Rebecka George  
Fred Moen

Pat Eng  
Jenny Pattison-Lundeen  
Lois Newell  
Merl Bowker

